



is now hiring for...

Group Fitness Supervisor

Requirements:

Certified Group Fitness Instructor, management experience preferred, CPR and First Aid certified, ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality and the ability to influence people positively. Must be able to promote and fill classes and know how to motivate and inspire along with keeping instructors accountable.

Position Open: 01/10/2017 to 01/16/2017

Location: Mount Vernon

Shifts/Days: TBD

Hours per week: 15

Number of openings: 1

Apply in person or email resume to **Denise Skelton: Denise@riversidehealthclub.com**

Group Fitness Instructor

Requirements:

Seeking Certified Group Fitness Instructor or Certified Personal Trainer with experience either teaching group fitness or participating in group fitness classes. Must be able to memorize and deliver pre-choreographed routines. CPR and First Aid Certifications are required. Must have the ability to work independently and efficiently. Must have a friendly, upbeat and outgoing personality and have the ability to influence people positively.

Position Opened: 01/10/2017

Location: Sedro Woolley

Shifts/Days: TBD

Hours per week: 2-4

Number of openings: 3

Apply in person or email resume to **Abby Pollino: Abby@riversidehealthclub.com**

Coach

Requirements:

Ability to work independently and efficiently, help members in designing a personalized exercise prescription in the new member intake appointment, assist members with the equipment. Looking for person with experience with RHC group fitness classes, with excellent people skills and the ability to be a motivator! CPR required within 90 days of employment.

Position Opened: 01/10/2017

Location: Mount Vernon

Shifts/Days: Monday & Wednesday 4:30pm-8:00pm

Hours per week: 6+

Number of openings: 1

Apply in person or email resume to **Amy Saben: Amy@riversidehealthclub.com**

Kids Club Supervisor

Requirements:

Looking for a person to oversee and provide a safe, clean, orderly and enjoyable Kids' Club for the children of Riverside Health Club members and guests. Lead and train Kids' Club staff to provide excellent childcare service to members and guests. Supervise and oversee the activities of the Kids' Club staff and provide them with the tools needed to reach the goals of the Kids' Club. CPR required within 90 days of employment.

Position Opened: 12/28/2016 - until filled

Location: Mount Vernon

Shifts/Days: To be determined

Hours per week: 20+

Number of openings: 1

Apply in person or email resume to **Beth Baeslack: Beth@riversidehealthclub.com**

Personal Trainer – Nutrition Trainer

Requirements:

Seeking a Certified Nutrition Trainer (A.C.E., A.C.S.M or N.A.S.M preferred) or B.S. Degree in Health or Exercise Science. Small group or private nutrition training experience preferred, CPR and First Aid certified, ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality and the ability to influence people positively. Comfortable working with sales goals and self-promotion. Ability to assess client's needs, set goals, and structure a training program.

Position Opened: 12/14/2016

Location: Mount Vernon

Shifts/Days: Varies

Hours per week: 15+, depending on trainer's availability

Number of openings: 1-2

Apply in person or email resume to **Nic Nakis: Nic@riversidehealthclub.com**

Personal Trainer – Mayo Clinic Diet Instructor

Requirements:

Seeking a Mayo Clinic Diet Instructor to be responsible for performing Mayo Clinic Orientations and running weekly support groups for program participants. Must have Personal Training or Health Coach Certification. Small group or private personal training experience preferred, CPR and First Aid certified, ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality and the ability to influence people positively. Comfortable working with sales goals and self-promotion.

Position Opened: 11/17/2016

Location: Mount Vernon

Shifts/Days: TBD

Hours per week: 3

Number of openings: 1-2

Apply in person or email resume to **Nic Nakis: Nic@riversidehealthclub.com**

Group Fitness Instructor – Insanity, Barre & Centergy

Requirements:

Seeking Certified Group Fitness Instructor or Certified Personal Trainer with experience either teaching group fitness or participating in group fitness classes. Must be able to memorize and deliver pre-choreographed routines. In-house training available. CPR and First Aid Certifications are required. Must have the ability to work independently and efficiently. Must have a friendly, upbeat and outgoing personality and have the ability to influence people positively.

Position Opened: 11/17/2016

Location: Mount Vernon

Shifts/Days: inquire (additional subbing as needed)

Hours per week: 1-4

Number of openings: 4

Apply in person or email resume to **Denise Skelton: Denise@riversidehealthclub.com**

Personal Trainer

Requirements:

Seeking a Certified Personal Trainer (A.C.E., A.C.S.M or N.A.S.M preferred) or B.S. Degree in Exercise Science. Small group or private personal training experience preferred, CPR and First Aid certified, ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality and the ability to influence people positively. Comfortable working with sales goals and self-promotion.

Position Opened: 11/17/2016

Location: Mount Vernon

Shifts/Days: Varies

Hours per week: 15+, depending on trainer's availability

Number of openings: 1-2

Apply in person or email resume to **Nic Nakis: Nic@riversidehealthclub.com**

Personal Trainer

Requirements:

Seeking a Certified Personal Trainer (A.C.E., A.C.S.M or N.A.S.M preferred) or B.S. Degree in Exercise Science. Small group or private personal training experience preferred, CPR and First Aid certified, ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality and the ability to influence people positively. Comfortable working with sales goals and self-promotion.

Position Opened: 11/17/2016

Location: Sedro-Woolley

Shifts/Days: Varies

Hours per week: 15+, depending on trainer's availability

Number of openings: 1-2

Apply in person or email resume to **Abby Pollino: Abby@riversidehealthclub.com**

Applications available at the front desk or online at riversidehealthclub.com