



is now hiring for...

Personal Trainer

Requirements:

Seeking a Certified Personal Trainer (A.C.E., A.C.S.M or N.A.S.M preferred). Small group or private personal training experience preferred, CPR and First Aid certified, ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality and the ability to influence people positively. Comfortable working with sales goals and self-promotion.

Position Opened: 05/10/2017

Location: Mount Vernon

Number of openings: 1

Hours per week: 15-30

Shifts/Days: Varies

Apply in person or email resume to **Nic Nakis: Nic@riversidehealthclub.com**

Personal Trainer – Mayo Clinic Diet Instructor

Requirements:

Seeking a Mayo Clinic Diet Instructor to be responsible for performing Mayo Clinic Orientations and running weekly support groups for program participants. Must have Personal Training or Health Coach Certification. Small group or private personal training experience preferred, CPR and First Aid certified, ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality and the ability to influence people positively. Comfortable working with sales goals and self-promotion.

Position Opened: 05/10/2017

Location: Mount Vernon

Number of openings: 2

Hours per week: 1-2

Shifts/Days: Morning or evening weekdays

Apply in person or email resume to **Nic Nakis: Nic@riversidehealthclub.com**

Personal Trainer – Nutrition Trainer

Requirements:

Seeking a Certified Nutrition Trainer (A.C.E., A.C.S.M or N.A.S.M preferred). Small group or private nutrition training experience preferred, CPR and First Aid certified, ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality and the ability to influence people positively. Comfortable working with sales goals and self-promotion. Ability to assess client's needs, set goals, and structure a training program.

Position Opened: 05/10/2017

Location: Mount Vernon

Number of openings: 2

Hours per week: 15-30

Shifts/Days: Varies

Apply in person or email resume to **Nic Nakis: Nic@riversidehealthclub.com**

Aerial Instructor

Requirements:

Seeking an experienced aerialist with ability to teach aerial classes. Dance, yoga, Pilates, acrobatic or similar background preferred. Have experience with small group training, CPR and First Aid certified, ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality and the ability to influence people positively. Comfortable working with sales goals, able to promote and fill classes.

Position Opened: 05/10/2017

Location: Mount Vernon

Number of openings: 1-2

Hours per week: 2-3

Shifts/Days: Varies

Apply in person or email resume to **Nic Nakis: Nic@riversidehealthclub.com**

Housekeeping

Requirements:

Seeking person with cleaning experience or skills and ability to work independently. Must be detail-oriented, self-motivated, friendly, and a team player.

Position Opened: 05/09/2017

Location: Mount Vernon

Number of openings: 1-2

Hours per week: 10

Shifts/Days: Varies

Apply in person or email resume to **Antony Barasa: Antony@riversidehealthclub.com**

Group Fitness Instructor – Group Ride

Requirements:

Seeking Certified Group Fitness Instructor or Certified Personal Trainer with experience either teaching group fitness or participating in group fitness classes. Must be able to memorize and deliver pre-choreographed routines. CPR and First Aid Certifications are required. Must have the ability to work independently and efficiently. Must have a friendly, upbeat and outgoing personality and have the ability to influence people positively. CPR required within 90 days of employment.

Position Opened: 05/09/2017

Location: Mount Vernon

Number of openings: 1

Hours per week: 1-2

Shifts/Days: Thursdays @ 5am (Additional subbing available)

Apply in person or email resume to **Sara Wohlgemuth: Sara@riversidehealthclub.com**

Swim Instructor

Requirements:

Experience teaching group fitness or water fitness preferred or experience participating in group/water fitness classes. Lifeguarding Certification, CPR and First Aid Certifications required. Must have the ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality.

Position Opened: 05/09/2017

Location: Mount Vernon **Number of openings:** 1-2

Hours per week: Vary

Shifts/Days: Afternoons and Weekends available

Apply in person or email resume to **Amy Saben: Amy@riversidehealthclub.com**

Personal Trainer

Requirements:

Seeking a Certified Personal Trainer (A.C.E., A.C.S.M or N.A.S.M preferred) or B.S. Degree in Exercise Science. Small group or private personal training experience preferred, CPR and First Aid certified, ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality and the ability to influence people positively. Comfortable working with sales goals and self-promotion.

Position Opened: 11/17/2016

Location: Sedro Woolley

Number of openings: 1-2

Hours per week: 15+

Shifts/Days: Varies

Apply in person or email resume to **Abby Pollino: Abby@riversidehealthclub.com**