



Group Fitness Instructor – Silver Sneakers

Requirements:

Seeking Certified Group Fitness Instructor or Certified Personal Trainer with experience either teaching group fitness or participating in group fitness classes. Must be able to memorize and deliver pre-choreographed routines. CPR and First Aid Certifications are required. Must have the ability to work independently and efficiently. Must have a friendly, upbeat and outgoing personality and have the ability to influence people positively. CPR required within 90 days of employment.

Position Opened: 09/10/2019 **Location:** Mount Vernon **Number of openings:** 1

Hours per week: 1 (plus subbing) **Shifts/Days:** Wednesday 3-4pm (plus additional subbing)

Apply in person or email resume to **Sara Wohlgemuth: Sara@riversidehealthclub.com**

Customer Service / Membership Sales

Requirements:

Experience working in a fast-paced office environment. Experience working with customers in person and on the phone. Must be able to multi-task and be detail-oriented and work independently. Experience working with Microsoft Excel, Outlook and scheduling software preferred. Must be able to learn member management software. CPR required within 90 days of employment.

Position Opened: 09/27/2019 **Location:** Mount Vernon **Number of openings:** 1

Hours per week: 8 **Shifts/Days:** Friday 9am-5pm

Apply in person or email resume to **Esther Amaro: Esther@riversidehealthclub.com**

Group Fitness Instructor - Insanity

Requirements:

Seeking Certified Group Fitness Instructor or Certified Personal Trainer with experience either teaching group fitness or participating in group fitness classes. Must be able to memorize and deliver pre-choreographed routines. CPR and First Aid Certifications are required. Must have the ability to work independently and efficiently. Must have a friendly, upbeat and outgoing personality and have the ability to influence people positively. CPR required within 90 days of employment.

Position Opened: 08/29/2019 **Location:** Mount Vernon **Number of openings:** 1

Hours per week: 1 (plus subbing) **Shifts/Days:** Saturday 6am (plus early weekday subbing)

Apply in person or email resume to **Sara Wohlgemuth: Sara@riversidehealthclub.com**

Water Fitness Instructor – Aqua Pilates

Requirements:

Experience teaching water fitness preferred or participating in group/water fitness classes. CPR and First Aid Certifications required. Must work to obtain Water Fitness certification. Must have the ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality.

Position Opened: 10/01/2019 **Location:** Mount Vernon **Number of openings:** 1

Hours per week: 2 **Shifts/Days:** Tuesday and Thursday 2pm

Apply in person or email resume to **Karen Westra: Karen@riversidehealthclub.com**

Housekeeping

Requirements:

Seeking person with cleaning experience or skills and ability to work independently. Must be detail-oriented, self-motivated, friendly, and a team player.

Position Opened: 08/13/2019 **Location:** Mount Vernon **Number of openings:** 1-2

Hours per week: 8 **Shifts/Days:** Saturday & Sunday

Apply in person or email resume to **Antony Barasa: Antony@riversidehealthclub.com**

Swim Instructor

Requirements:

Experience and passion for teaching children and adults the life-long and life-saving skills of swimming. Lifeguarding Certification, CPR and First Aid Certifications required. Must have the ability to inspire, to work independently and efficiently. Must have a friendly, upbeat and outgoing personality.

Position Opened: 07/23/2019 **Location:** Mount Vernon **Number of openings:** 2

Hours per week: 4-20 **Shifts/Days:** Monday-Friday 3:00-5:30 and Saturdays 11:00am-2:30pm

Apply in person or email resume to **Denise Skelton: Denise@riversidehealthclub.com**

Personal Trainer

Requirements:

Seeking a Certified Personal Trainer (A.C.E., A.C.S.M or N.A.S.M preferred). Small group or private personal training experience preferred, CPR and First Aid certified, ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality and the ability to influence people positively. Comfortable working with sales goals and self-promotion.

Position Opened: 05/07/2019 **Location:** Mount Vernon **Number of openings:** 2-3

Hours per week: Flexible **Shifts/Days:** Flexible

Apply in person or email resume to **Heather VanHofwegen: Heather@riversidehealthclub.com**
