



is now hiring for...

Personal Trainer

Requirements:

Seeking a Certified Personal Trainer (A.C.E., A.C.S.M or N.A.S.M preferred). Small group or private personal training experience preferred, CPR and First Aid certified, ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality and the ability to influence people positively. Comfortable working with sales goals and self-promotion.

Position Opened: 11/02/2015

Location: Mount Vernon

Shifts/Days: Varies

Hours per week: 15+, depending on trainer's availability

Number of openings: 1-2

Apply in person or email resume to **Abby Kingman: abby@riversidehealthclub.com**

Aerial Instructor

Requirements:

Seeking a Certified Personal Trainer (A.C.E., A.C.S.M or N.A.S.M preferred) with experience participating in or teaching aerial classes. Dance, yoga, Pilates, acrobatic or similar background preferred. Have experience with small group training, CPR and First Aid certified, ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality and the ability to influence people positively. Comfortable working with sales goals, able to promote and fill classes.

Position Opened: 11/02/2015

Location: Mount Vernon

Shifts/Days: Varies

Hours per week: 1-2 hours per week, times vary

Number of openings: 1-2

Apply in person or email resume to **Abby Kingman: abby@riversidehealthclub.com**

Reformer Instructor

Requirements:

Mat Pilates certified, and has or willing to obtain Reformer certification. Experience participating in or teaching Reformer classes. Have experience with small group training, Certified Personal Trainer (A.C.E., A.C.S.M or N.A.S.M preferred), CPR and First Aid certified, ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality and the ability to influence people positively. Comfortable working with sales goals, able to promote and fill classes.

Position Opened: 11/02/2015

Location: Mount Vernon

Shifts/Days: Varies

Hours per week: 1-2 hours per week, times vary

Number of openings: 1-2

Apply in person or email resume to **Abby Kingman: abby@riversidehealthclub.com**

Housekeeping

Requirements:

Seeking person with cleaning experience or skills and ability to work independently. Must be detail-oriented, self-motivated, friendly, and a team player.

Position Opened: 10/27/2015

Location: Mount Vernon

Shifts/Days: Varies

Hours per week: Varies

Number of openings: 1-2

Apply in person or email resume to **Antony Barasa: antony@riversidehealthclub.com**

Membership Sales

Requirements:

Seeking driven, positive, motivated person with sales experience and great people skills. Must be able to multi-task and work independently. Must be detail-oriented. Looking for person with experience working with customers in person and on the phone, basic computer skills, and the ability to learn club software. CPR required within 90 days of employment.

Position Opened: 10/27/2015

Location: Sedro Woolley

Hours per week: Friday 4-8 pm; Saturday 9am-1pm. Note: These hours are preferably linked with Saturday Reception hours listed below.

Number of openings: 1

Apply in person or email resume to **Jon Westra: jon@riversidehealthclub.com**

Reception

Requirements:

Must have great people skills, friendly and good on your toes! Must have an upbeat and outgoing personality and ability to work independently. Must be able to multi-task and be detail oriented. Must be able to learn club software. CPR required within 90 days of employment.

Position Opened: 10/27/2015

Location: Sedro Woolley

Hours per week: Saturday 7-9am. Note: These hours are preferably linked with Saturday Membership hours listed above.

Number of openings: 1

Apply in person or email resume to **Jon Westra: jon@riversidehealthclub.com**

The Studio Assistant

Requirements:

Seeking person to oversee the everyday tasks that make the Studio run smoothly such as equipment maintenance, laundry and light cleaning. Must be detail oriented, be comfortable working independently and be comfortable holding other Studio staff members accountable.

Position Opened: 10/14/2015

Location: Mount Vernon

Shifts/Days: Varies

Hours per week: 3, times based upon assistant's availability

Number of openings: 1

Apply in person or email resume to **Abby Kingman: abby@riversidehealthclub.com**

Group Fitness Instructor - Barre

Requirements:

Seeking Certified Group Fitness Instructor or Certified Personal Trainer with experience either teaching group fitness or participating in group fitness classes. Must be able to memorize and deliver pre-choreographed routines. In-house training available. CPR and First Aid Certifications are required. Must have the ability to work independently and efficiently. Must have a friendly, upbeat and outgoing personality and have the ability to influence people positively.

Position Opened: 10/12/2015

Location: Sedro Woolley

Shifts/Days: Times vary

Hours per week: 2

Number of openings: 1-2

Apply in person or email resume to **Abby Kingman: abby@riversidehealthclub.com**

Active Kids (gymnastics or dance) Instructor

Requirements:

Seeking a Certified Personal Trainer (A.C.E., A.C.S.M or N.A.S.M preferred) with experience working with young children, have or will to obtain adult/child/infant CPR certification within 90 days of hire. Gymnastics or dance background preferred. Must be able to work independently, be able to design a fun and motivating tumbling/dance programs for kids between 5-12 years old.

Position Opened: 10/12/2015

Location: Mount Vernon

Hours per week: 1-2 hours per week, times may vary

Number of openings: 1-2

Apply in person or email resume to **Abby Kingman: abby@riversidehealthclub.com**

Reception

Requirements:

Experience working in a fast-paced office environment. Must have great people skills, friendly and good on your toes! Must have an upbeat and outgoing personality and ability to work independently. Must be able to multi-task and be detail oriented. Must be able to learn club software. CPR required within 90 days of employment.

Position Opened: 10/12/2015

Location: Mount Vernon

Shifts/Days: Hours vary – weekends and evenings

Hours per week: 12+

Number of openings: 1

Apply in person or email resume to **Amy Saben: amy@riversidehealthclub.com**

Tumble Kids Instructor

Requirements:

Must have experience working with young children, have or obtain adult/child/infant CPR certification. Gymnastics or dance background preferred. Must be able to work independently, be able to design a fun and motivating tumbling program and have fitness certifications.

Position Opened: 9/23/2015

Location: Mount Vernon

Shifts/Days: Varies

Hours per week: 1-2 hours

Number of openings: 1-2

Apply in person or email resume to **Abby Kingman: abby@riversidehealthclub.com**

Group Fitness Instructor

Requirements:

Seeking Certified Group Fitness Instructor or Certified Personal Trainer with experience either teaching group fitness or participating in group fitness classes. Must be able to memorize and deliver pre-choreographed routines. CPR and First Aid Certifications are required. Must have the ability to work independently and efficiently. Must have a friendly, upbeat and outgoing personality and have the ability to influence people positively.

Position Opened: 08/31/2015

Location: Sedro Woolley

Shifts/Days: Times vary

Hours per week: 2-3

Number of openings: 2-3

Apply in person or email resume to **Abby Kingman: abby@riversidehealthclub.com**

Group Fitness Instructor - Barre

Requirements:

Seeking Certified Group Fitness Instructor or Certified Personal Trainer with experience either teaching group fitness or participating in group fitness classes. Must be able to memorize and deliver pre-choreographed routines. In-house training available. CPR and First Aid Certifications are required. Must have the ability to work independently and efficiently. Must have a friendly, upbeat and outgoing personality and have the ability to influence people positively.

Position Opened: 07/20/2015

Location: Mount Vernon

Shifts/Days: Mornings

Hours per week: 2-4

Number of openings: 1-2

Apply in person or email resume to **Heather VanHofwegen: heather@riversidehealthclub.com**
