



Riverside Health Club

Kids Club Rules and Regulations

...providing healthy choices for kids today and tomorrow!

1. Children ages newborn through twelve years of age are welcome to play in Kids' Club.
2. A three-hour limit per day is imposed on children in Kids' Club. Please do not take advantage of the attendants and be honest to come back within the three-hour limit. If a parent goes over the limit, the parent will be paged.
3. The parent who is signed in with the child in must be on the RHC premises at all times during the Kids' Club visit.
4. Parents must be easily reachable and available for any needs of their children. All parents must respond to an overhead page promptly. If no response is noted the parent will be personally approached by an RHC employee.
5. When signing the child/children in, the parent accepts all responsibility for the safety of the child and agrees RHC Kids' Club and its attendants will be held harmless and free of any liability for any possible accident, injury, and/or illness incurred while visiting the RHC Kids' Club.
6. Unless notified, only the person signing the child in will be able to remove the child from Kids' Club.
7. We request that bags, bottles, diapers, and coats be labeled with a name.
8. To maintain a healthy environment in Kids' Club, please be considerate to others and refrain from bringing any children that are ill. If a child comes to Kids' Club exhibiting symptoms such as a runny nose with color, the parent will be called and asked to return when the child is not sick.
9. Kids' Club will take children outside to play. Shoes are required at all times. Children under the age of 3 are not allowed on the upper portion of the outdoor play structure.
10. There is not a specific lunchtime or nap time. If parents wish for their child to have a snack, they may feel free to bring one. Please be sure the snack is age-appropriate. For toddlers, we ask that finger foods be used rather than bottled baby food. All food is to be consumed at the table in the kitchen or the picnic table outside. Occasional snacks may be provided by RHC for special events.
11. Snacks are available for purchase in Kids' Club. Please see list in kitchen for available foods. All snacks must be paid for when they are taken. We offer a prepaid system. See attendant for details.
12. Current hours are Monday thru Thursday, 8:00am-1:30pm, 3:00pm-8:00pm; Friday, 8:00am-1:30pm, 3:30pm-8:00pm, and Saturday, 8:00am-1:30pm. Please be courteous and be on time to pick up your child at closing time. Kids' Club may close up to 30 minutes early if there are no children in attendance.
13. Discipline: A child may be asked to take a leave of absence, a week to a month etc, if the child is routinely harmful to other children. We employ age-appropriate time outs if a child is not adhering to the rules in Kids' Club. These incidents are reported to the parent at the end of their stay. Please communicate to the attendants any concerns you might have.
14. Riverside Health Club Kids' Club may suspend or terminate memberships of any member who:
 - Fails to pay an initiation fee installment, monthly dues payment or additional charges, i.e.: snacks, promptly when due.
 - Breaches any provision of their Membership Agreement or the Rules and Regulations of Riverside Health Club and Kids' Club Rules and Regulations.
 - Harasses or disrupts normal club activities or any Member. Such judgment is at the sole discretion of club management, which shall be reasonably applied.
 - Upon suspension, the Member shall pay all current fees and charges, such as outstanding snacks, as agreed.

