



**RIVERSIDE**  
HEALTH CLUB

*is now hiring for...*

**Personal Trainer – 6 Week Transformation Trainer**

**Requirements:**

Seeking a Certified Personal Trainer (A.C.E., A.C.S.M or N.A.S.M preferred) or working toward one. Small group or private personal training experience preferred, CPR and First Aid certified, ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality and the ability to influence people positively. Comfortable working with sales goals and self-promotion. Ability to motivate and interact on our dedicated social media page.

**Position Opened:** 10/15/2019

**Location:** Mount Vernon

**Number of openings:** 1

**Hours per week:** 3+

**Shifts/Days:** Monday, Wednesday & Friday 6am

Apply in person or email resume to **Denise Skelton: Denise@riversidehealthclub.com**

**Facilities Assistant**

**Requirements:**

Seeking person with simple maintenance experience. Duties to include simple maintenance tasks and deep cleaning. Open to doing pool testing – training for this will be provided. CPR and First Aid certified. Must be detail-oriented, self-motivated, and a team player.

**Position Opened:** 09/25/2019

**Location:** Mount Vernon

**Number of openings:** 1

**Hours per week:** 12

**Shifts/Days:** Tue & Thur. 6pm-Midnight

Apply in person or email resume to **Denise Skelton: Denise@riversidehealthclub.com**

**Water Fitness Instructor – Aqua Freestyle**

**Requirements:**

Experience teaching water fitness preferred or participating in group/water fitness classes. CPR and First Aid Certifications required. Must work to obtain Water Fitness certification. Must have the ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality.

**Position Opened:** 10/01/2019

**Location:** Mount Vernon

**Number of openings:** 1

**Hours per week:** 1

**Shifts/Days:** Monday 5:30-6:30pm

Apply in person or email resume to **Karen Westra: Karen@riversidehealthclub.com**

**Group Fitness Instructor – Silver Sneakers**

**Requirements:**

Seeking Certified Group Fitness Instructor or Certified Personal Trainer with experience either teaching group fitness or participating in group fitness classes. Must be able to memorize and deliver pre-choreographed routines. CPR and First Aid Certifications are required. Must have the ability to work independently and efficiently. Must have a friendly, upbeat and outgoing personality and have the ability to influence people positively. CPR required within 90 days of employment.

**Position Opened:** 09/10/2019

**Location:** Mount Vernon

**Number of openings:** 1

**Hours per week:** 1 (plus subbing)

**Shifts/Days:** Wednesday 3-4pm (plus additional subbing)

Apply in person or email resume to **Sara Wohlgemuth: Sara@riversidehealthclub.com**

**Group Fitness Instructor - Insanity**

**Requirements:**

Seeking Certified Group Fitness Instructor or Certified Personal Trainer with experience either teaching group fitness or participating in group fitness classes. Must be able to memorize and deliver pre-choreographed routines. CPR and First Aid Certifications are required. Must have the ability to work independently and efficiently. Must have a friendly, upbeat and outgoing personality and have the ability to influence people positively. CPR required within 90 days of employment.

**Position Opened:** 08/29/2019

**Location:** Mount Vernon

**Number of openings:** 1

**Hours per week:** 1 (plus subbing)

**Shifts/Days:** Saturday 6am (plus early weekday subbing)

Apply in person or email resume to **Sara Wohlgemuth: Sara@riversidehealthclub.com**

### **Housekeeping**

#### **Requirements:**

Seeking person with cleaning experience or skills and ability to work independently. Must be detail-oriented, self-motivated, friendly, and a team player.

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**Position Opened:** 08/13/2019

**Location:** Mount Vernon

**Number of openings:** 1-2

**Hours per week:** 8

**Shifts/Days:** Saturday & Sunday

Apply in person or email resume to **Antony Barasa: Antony@riversidehealthclub.com**

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### **Swim Instructor**

#### **Requirements:**

Experience and passion for teaching children and adults the life-long and life-saving skills of swimming. Lifeguarding Certification, CPR and First Aid Certifications required. Must have the ability to inspire, to work independently and efficiently. Must have a friendly, upbeat and outgoing personality.

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**Position Opened:** 07/23/2019

**Location:** Mount Vernon

**Number of openings:** 2

**Hours per week:** 4-20

**Shifts/Days:** Monday-Friday 3:00-5:30 and Saturdays 11:00am-2:30pm

Apply in person or email resume to **Denise Skelton: Denise@riversidehealthclub.com**

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### **Personal Trainer**

#### **Requirements:**

Seeking a Certified Personal Trainer (A.C.E., A.C.S.M or N.A.S.M preferred). Small group or private personal training experience preferred, CPR and First Aid certified, ability to work independently and efficiently. Must have friendly, upbeat and outgoing personality and the ability to influence people positively. Comfortable working with sales goals and self-promotion.

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**Position Opened:** 05/07/2019

**Location:** Mount Vernon

**Number of openings:** 2-3

**Hours per week:** Flexible

**Shifts/Days:** Flexible

Apply in person or email resume to **Heather VanHofwegen: Heather@riversidehealthclub.com**

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Applications available at the front desk or online at [riversidehealthclub.com](http://riversidehealthclub.com)